

Chai Tea Concentrate



Ingredients:

- 6 inches of fresh ginger, peeled and sliced
- 2 large or 4 small cinnamon sticks
- 8 whole cloves
- 2 teaspoon cardamom seeds
- 1 vanilla bean cut in 1 inch pieces (or 2 tablespoons vanilla extract)
- 1/2 teaspoon ground nutmeg
- 2 tablespoons sugar
- 1/2 cup honey
- 6 black tea bags
- 4 cups water
- 4 cups milk

Directions:

1. Bring water to a boil
2. Add all of the ingredients except the milk.
3. Reduce heat and simmer 20 minutes, stirring occasionally.
4. Add milk. Bring to a light boil.
5. Remove from heat.
6. Strain.
7. Use or chill for later.
8. To use, mix either 2:1 or 1:1 concentrate to milk, depending on your preferred taste.