

TALLOW LIP BALM

Ingredients:

- 2 T beeswax (18 g)
- 1 T shea butter (13 g)
- 1 T tallow (12 g)
- 2 T unrefined coconut oil (33 g)
- 25 drops of lip-safe essential oils (lemon and peppermint are great options!)
- Empty chapstick containers



Instructions:

1. To a double boiler, or a metal bowl that fits on top of a small saucepan of water, add the beeswax, shea butter, coconut oil, and tallow.
2. Whisk over medium heat until the ingredients are melted and the mixture is translucent.
3. Remove it from the heat and let it cool until you can comfortably place a finger in the mixture. Add in 25 drops of your essential oils of choice.
4. Whisk to well to combine the oil with mixture. Then pour it into the tubes or containers of your choice.